Meet your health care team

Raphael Balbino, MD
Geriatrician

Olga Wells, FNP-BC
Nurse Practitioner

Hani Issa, MD
Geriatrician

Helen “Mimi” Holman, DNP, RN-BC
Manager

Nicole Winter, Psy.D.
Psychologist

Michael Solloway, MD
Psychiatrist

Hani Issa, MD
Geriatrician

AgeWell Center for Senior Health
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Jacksonville, FL 32207

904.202.4AGE (4243)
Toll free 855.777.4243
Office hours: Monday – Friday
8:30 am – 5 pm

baptistjax.com/agewell

For more information or to make an appointment, call the AgeWell Center at 904.202.4AGE (4243) or toll free 855.777.4243.

Changing Health Care for Good.*

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Transforming the lives of older adults

At the AgeWell Center for Senior Health, we help older adults facing challenging medical issues live more independent and productive lives by providing an enriched level of primary care in one central location.

Is the AgeWell Center for me?
If you are 65 or older and would like help with one or more of the following, the AgeWell Center may be for you:
- Managing your medications
- Coping with declining memory
- Managing emotions or depression
- Improving your mobility and strength
- Helping you live on your own
- Help finding special resources you need to maintain your independence
- Help with advanced care planning

What can I expect?
You can expect to receive an in-depth assessment of all the factors that can affect your health and wellness. You can also expect that your appointment will not be rushed. We take the time to listen to all of your health concerns.

At your initial assessment, you will be with us for two or three hours meeting with a physician, called a geriatrician, along with other team members. Your visits may also include a clinical pharmacist, social worker, care coordinator and rehabilitation therapists as needed. You are encouraged to bring a family member or friend who is involved in your health care to your appointments.

After the assessment, your geriatrician will collaborate with the team to develop your personalized care plan, which will be discussed with you at your follow-up visit. We also provide support for caregivers so they are able to help you live life to its fullest.

Small changes can mean huge results.
Avoiding the ER. One gentleman was taking his medications incorrectly, resulting in frequent trips to the ER. Our pharmacist reviewed his medication schedule and color-coded it to his medication tray. Now, he’s not only feeling better, he’s even reduced his prescription costs.

Getting out of the house. Another patient struggled with incontinence. We worked with her to achieve greater bladder control and, through strengthening exercises and behavioral therapy, she is able to make it to the bathroom in time and is getting out of the house more often.

Help for caregivers. The caregiver of one of our patients had become overwhelmed and was neglecting his own health. The care coordinator worked quickly to arrange for respite care, giving this caregiver a much-needed break and time to focus on his own health.

AgeWell House Calls
AgeWell patients who are not able to come to the AgeWell Center may be able to get basic primary care services at home. The program is for patients with significant limitations that make visits to a doctor’s office extremely difficult. Call 904.202.4243 for more information about this program.