

Baptist Medical Center Beaches

Strategic Issue: Community Health Needs Assessment and Implementation Plans 2016 - 2018

Issue: Report of Years 1 and 2 results of Community Health Needs Assessment Implementation Plans

Background: The Affordable Care Act requires that nonprofit hospitals conduct a community health needs assessment and develop implementation plans to address the needs prioritized every three years. The most recent needs assessment was conducted in 2015. The ACA requires that the boards of nonprofit hospitals approve the assessment and implementation plans.

A work group of Baptist Beaches clinicians and administrators reviewed the needs identified in the assessment and prioritized: **Communicable Diseases, Health Disparities, Mental Health and Obesity and Lifestyle**. Implementation plans were developed in consultation with community organizations to address the prioritized health needs and approved by the Baptist Medical Center Beaches Board February 4, 2016.

2016-2018 Prioritized Needs and Implementation Plans:

Communicable Diseases: Partner with school systems and local universities and colleges to increase knowledge of STIs and prevention activities. Partner with local agencies to increase awareness of existing HIV and STI testing and treatment in the community.

Health Disparities: Offer nutrition and physical activity program as well as glucose, blood pressure and cholesterol screenings through faith-based and community organizations. Register women for mammograms offered through the Florida Department of Health.

Mental Health: Partner with United Way and other community organizations to reduce stigma associated with mental illness. Offer training on the warning signs of mental illness and what to do to help youth and adults in the community through faith and community partners. Increase access to services through integrated care clinic collaboration.

Obesity and Lifestyle: Increase community education of diabetes and the importance of a healthy lifestyle. Increase programming for healthy eating and physical activity through faith and community partners. Leverage Baptist Health's partnership with the YMCA to increase access to screening and health activities.

Questions for Board Discussion:

As we continue data collection on the next needs assessment, are there any particular health needs we should make sure are included in the research for the next health needs assessment?

Are there any specific populations we need to make sure are included in the research?

Communicable Diseases	Health Disparities	Mental Health	Obesity and Lifestyle
<p data-bbox="204 184 321 212">Programs</p> <ul data-bbox="107 258 418 968" style="list-style-type: none"> • 36 young ppl educated on sources of sexual health information • Trained BMCB staff to support Duval County teachers in safe sex curriculum • Over 1,200 DCPS students have received communicable disease prevention education • Partnered with AIDS Health Foundation at Beaches Health Jam to provide communicable disease prevention info and screenings to over 700 attendees in two year period <p data-bbox="131 1010 391 1037">Strategic Investments</p> <ul data-bbox="107 1083 418 1646" style="list-style-type: none"> • 657 young ppl received answers to sexual health questions through BrdsNBz text messaging • 50 children affected by HIV/AIDS attended summer camp • Funded free clinics to screen and treat ppl with communicable diseases. 7,401 ppl were screened, and treatment was provided as needed 	<p data-bbox="553 184 670 212">Programs</p> <ul data-bbox="440 258 784 1503" style="list-style-type: none"> • Partnered with local agencies at Beaches Health Jam providing health information over 700 attendees in two year period • 8 Weeks to Healthy Living at faith partner – 17 ppl completed, 47 lbs lost, 69% decreased BMI, normal glucose levels maintained by 95% • 366 individuals screened for cholesterol and received nutrition counseling • 587 individuals screened for BMI and blood pressure – all received nutrition counseling • Provided blood pressure screenings and healthy recipes at the Atlantic Beach Farmer’s Market (USDA food desert) and Beaches Health Jam event (low-mod neighborhood) - 6 total events with 102 participants • 100% of Baptist Health Social Responsibility PRN team members completed training in motivational interviewing <p data-bbox="480 1545 743 1572">Strategic Investments</p> <ul data-bbox="440 1619 784 1961" style="list-style-type: none"> • Funded free clinics that provided medical services for 13,831 ppl without health insurance • Provided funding to We Care to coordinate care for 385 ppl with chronic diseases and who do not have insurance – BMC ER visits decreased by 37% 	<p data-bbox="927 184 1044 212">Programs</p> <ul data-bbox="813 258 1157 1331" style="list-style-type: none"> • AgeWell Institute provided education on senior depression to 699 ppl • Hosted Inside Out exhibit to reduce stigma • Held education sessions on mental health and children, post-partum depression, mindfulness, stress management and sleep attended by 296 ppl • Held 19 education sessions on mental health at the PV YHLC • Held weekly meditation sessions on campus with 228 total participants • 296 ppl trained in Mental Health First Aid for Youth and Mental Health First Aid for Adults • BH team member chaired 7north mental health director search • 63 moms attended Post-Partum Support Group at Riverside and Beaches locations • 129 participants at Faith & Mental Health conference <p data-bbox="854 1373 1117 1400">Strategic Investments</p> <ul data-bbox="813 1446 1157 1961" style="list-style-type: none"> • Provided funding to UNF Brooks College of Health to support a mental health graduate nursing program • Funded free clinics that provided behavioral health services to 2,288 ppl • Provided funding to the National Council on Behavioral Health to train 52 ppl as instructors in Adult Mental Health First Aid – 3,398 people trained in MHFA for adults 	<p data-bbox="1304 184 1421 212">Programs</p> <ul data-bbox="1206 258 1550 1362" style="list-style-type: none"> • 8 Weeks to Healthy Living at faith partner – 17 ppl completed, 47 lbs lost, 69% decreased BMI, normal glucose levels maintained by 95% • 366 individuals screened for cholesterol and received nutrition counseling • 587 individuals screened for BMI and blood pressure – all received nutrition counseling • 227 biometric screenings and 283 health coaching sessions provided by PV YHLC • Held 37 education sessions on healthy living at the PV YHLC • Hosted 9 education lectures promoting healthy lifestyle choices - 263 total attendance • 73 referrals to AHEC smoking cessation classes, held 4 onsite smoking cessation classes, 36 participants in attendance <p data-bbox="1239 1404 1502 1432">Strategic investments</p> <ul data-bbox="1206 1478 1550 1961" style="list-style-type: none"> • Provided funding to BEAM to provide nutrition counseling and access to healthy food to people who are un- and under-insured. 39 clients successfully completed the program , half reduced their blood glucose by 25% or more and a total of 151 lbs lost by participants • Provided funding to free clinics providing diabetes

	<p>and admissions decreased by 250%</p>	<ul style="list-style-type: none"> • Provided funding to Mental Health America for advocacy efforts • Provided funding to increase access to behavioral health services serving 311 ppl • Funded the 2016 Mental Health in the African Community Conference • Provided funding for mental health services for 144 adults with disabilities • Provided funding for seniors to participate in volunteer activities to reduce isolation and increase mental wellness, 158 seniors participated • Provided funding to initiate a mental health nurse graduate program at UNF 	<p>treatment to 2,020 ppl, smoking cessation education to 427 ppl and diet counseling to 14 ppl</p> <ul style="list-style-type: none"> • Provided funding to MOSH to develop a health educational exhibit. The interactive exhibit includes information about healthy lifestyles. More than 6,309 people attended the exhibit and/or educational programming • Providing funding for “Creating a Healthier Jacksonville” conference held by the Florida Department of Health – Duval
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